

**COMPLETE CARE AT WESTFIELD
MASTER MENU
WEEK 1 – 2021**

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|---|--|--|--|---|--|
| <i>BREAKFAST REGULAR</i> | | | | | | |
| *French Toast - <i>Margarine</i> - <i>Syrup</i> *Orange Juice *Milk *Coffee or Hot Tea <u>+Cold Cereal of Choice</u> | *French Toast - <i>Margarine</i> - <i>Syrup</i> *Oatmeal Cereal *Bacon *Orange Juice *Milk *Coffee or Hot Tea <u>+Cold Cereal of Choice</u> | *Biscuit - <i>Sausage Gravy</i> *Oatmeal Cereal *Hashbrown *Orange Juice *Milk *Coffee or Hot Tea <u>+Cold Cereal of Choice</u> | * Baked Cheese Omelet *Oatmeal Cereal *Toast - <i>Margarine</i> - <i>Jelly</i> *Orange Juice *Milk *Coffee or Hot Tea <u>+Cold Cereal of Choice</u> | * Scrambled Eggs *Oatmeal Cereal *English Muffin - <i>Margarine</i> - <i>Jelly</i> * Breakfast Ham *Orange Juice *Milk *Coffee or Hot Tea <u>+Cold Cereal of Choice</u> | *Western Scrambled Eggs *Oatmeal Cereal *Toast - <i>Margarine</i> - <i>Jelly</i> *Orange Juice *Milk *Coffee or Hot Tea <u>+Cold Cereal of Choice</u> | *Buttermilk Pancakes - <i>Margarine</i> - <i>Jelly</i> *Oatmeal Cereal *Sausage Patty *Orange Juice *Milk *Coffee or Hot Tea <u>+Cold Cereal of Choice</u> |
| <i>LUNCH: REGULAR</i> | | | | | | |
| *Rosemary Pork Loin *Scalloped Potatoes *Sautéed Spinach w/Garlic *Dinner Roll/Bread - <i>Margarine</i> *Pear Crisp *Coffee or Hot Tea <u>+Lemon Pepper Fish Fillet</u> <u>+Parsley Rice</u> <u>+Capri Vegetable Blend</u> | *Homestyle Meatloaf w/Ketchup Glaze *Duchess Mashed Potatoes *Honey Roasted Carrots *Herbed Dinner Roll - <i>Margarine</i> *Spiced Apple *Coffee or Hot Tea <u>+Thyme Chicken Breast</u> <u>+Herbed Noodles</u> <u>+Sautéed Green Beans</u> | *Marinated Chicken Thigh *Parmesan Noodles *Squash Medley *Dinner Roll/Bread - <i>Margarine</i> *Butterscotch Pudding Parfait *Coffee or Hot Tea <u>+Meatballs w/Gravy</u> <u>+Mashed Potatoes</u> <u>+Capri Vegetable Blend</u> | *Italian Sausage *Garlic & Rosemary Roasted Red Skin Potatoes *Broccoli Florets *Parsley Dinner Roll - <i>Margarine</i> *Lemon Bar *Coffee or Hot Tea <u>+Smothered Turkey Patty</u> <u>+Buttered Noodles</u> <u>+Buttered Whole Kernel Corn (veg)</u> | *Lasagna w/Meat sauce *Caesar Salad *Garlic Breadstick *Double Chocolate Brownie *Coffee or Hot Tea <u>+Egg Salad Sandwich -Lettuce & Tomato</u> <u>+Potato Chips</u> <u>+Creamy Cucumber & Onion Salad</u> | *Breaded Pollock Fish Fillet - <i>Tartar Sauce</i> *Au Gratin Potatoes *Country Vegetable Blend *Dinner Roll/Bread - <i>Margarine</i> *Sour Cream Orange Cake *Coffee or Hot Tea <u>+BBQ Chicken Thigh</u> <u>+Yellow Rice</u> <u>+Seasoned Spinach</u> | *Turkey Divan w/Broccoli *Steamed Rice *Seasoned Green Beans *Poppy Seed Dinner Roll - <i>Margarine</i> *Seedless Watermelon Cubes *Coffee or Hot Tea <u>+Cheese Quiche</u> <u>+Tomato Basil Salad</u> |
| <i>DINNER: REGULAR</i> | | | | | | |
| *Swedish Meatballs *Buttered Noodles *Green Peas *Dinner Roll/Bread - <i>Margarine</i> *Deluxe Fruit Salad *Milk *Coffee or Hot Tea <u>+Smothered Turkey Patty</u> <u>+Buttered Rice</u> <u>+Sliced Carrots</u> | *Savory Summer Soup - <i>Saltine Crackers</i> *Turkey Sandwich - <i>Lettuce & Tomato</i> - <i>Mayonnaise</i> *Creamy Dill Macaroni Salad *Broccoli Salad *Lemon Cake w/Icing *Milk *Coffee or Hot Tea <u>+Grilled Cheese Sandwich</u> <u>+Potato Chips</u> <u>+Marinated Green Bean Salad</u> | *Honey Dijon Chicken Thigh *Rice Pilaf *Sautéed Asparagus Cuts *Rosemary Dinner Roll - <i>Margarine</i> *Summer Fresh Fruit Cup *Milk *Coffee or Hot Tea <u>+Herb & Lemon Fish Fillet</u> <u>+Potato Wedges -Ketchup</u> <u>+Country Vegetable Blend</u> | *Breaded Pollock Fish Fillet - <i>Tartar Sauce</i> *Baked Potato - <i>Margarine</i> - <i>Sour Cream</i> *Peas & Carrots *Dinner Roll/Bread - <i>Margarine</i> *Tuxedo Cheesecake Bar *Milk *Coffee or Hot Tea <u>+Sweet & Sour Meatballs</u> <u>+Egg Noodles</u> <u>+Seasoned Spinach</u> | *Beef Pepper Steak w/Gravy *Garlic Mashed Potatoes *Roasted Green Beans *Dinner Roll/Bread - <i>Margarine</i> *Peanut Butter Cookie *Milk *Coffee or Hot Tea <u>+Rancher's Pork Chop</u> <u>+Yellow Rice</u> <u>+Squash Medley</u> | *Turkey Burger on a Bun - <i>Lettuce & Tomato</i> - <i>Pickle Spear</i> - <i>Mayonnaise</i> *Potato Wedges - <i>Ketchup</i> *Confetti Coleslaw *Fruit Cocktail *Milk *Coffee or Hot Tea <u>+Hamburger Steak w/Grilled Onions</u> <u>-Brown Gravy</u> <u>Buttered Rice</u> <u>+Seasoned Whole Kernel Corn (veg)</u> <u>+Dinner Roll/Bread -Margarine</u> | *Kielbasa Sausage *Oven Browned Potatoes *Seasoned Cabbage *Dinner Roll/Bread - <i>Margarine</i> *Mandarin Oranges *Milk *Coffee or Hot Tea <u>+Cheese Quiche</u> <u>+Capri Vegetable Blend</u> |

COMPLETE CARE AT WESTFIELD
MASTER MENU
WEEK 2 – 2021

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|---|--|---|---|---|--|
| BREAKFAST: REGULAR | | | | | | |
| *French Toast - <i>Margarine</i> - <i>Syrup</i> *Orange Juice *Milk *Coffee or Hot Tea <u>+Cold Cereal of Choice</u> | * Scrambled Eggs *Oatmeal Cereal *Glazed Cinnamon Roll *Orange Juice *Milk *Coffee or Hot Tea <u>+Cold Cereal of Choice</u> | *Biscuit - <i>Sausage Gravy</i> *Oatmeal Cereal *Hashbrown *Orange Juice *Milk *Coffee or Hot Tea <u>+Cold Cereal of Choice</u> | * Scrambled Eggs *Oatmeal Cereal *English Muffin - <i>Margarine</i> - <i>Jelly</i> * Breakfast Ham *Orange Juice *Milk *Coffee or Hot Tea <u>+Cold Cereal of Choice</u> | * Baked Cheese Omelet *Oatmeal Cereal *Toast - <i>Margarine</i> - <i>Jelly</i> *Orange Juice *Milk *Coffee or Hot Tea <u>+Cold Cereal of Choice</u> | *Western Scrambled Eggs *Oatmeal Cereal *Toast - <i>Margarine</i> - <i>Jelly</i> *Orange Juice *Milk *Coffee or Hot Tea <u>+Cold Cereal of Choice</u> | *Buttermilk Pancakes *- <i>Margarine</i> - <i>Jelly</i> *Oatmeal Cereal *Sausage Patty *Orange Juice *Milk *Coffee or Hot Tea <u>+Cold Cereal of Choice</u> |
| LUNCH: REGULAR | | | | | | |
| *Roast Beef Au Jus *Garlic & Rosemary Roasted Red Skin Potatoes *Sautéed Spinach *Dinner Roll/Bread - <i>Margarine</i> *Apple Crisp *Coffee or Hot Tea <u>+Rotisserie Chicken Thigh</u> <u>+Buttered Rice</u> <u>+Seasoned Zucchini</u> | *Chicken Parmesan w/Spaghetti Noodles *Tossed Salad w/Dressing *Garlic Breadstick *Chocolate Chip Cake w/White Frosting *Coffee or Hot Tea <u>+Breaded Pollock Fish Fillet w/Tartar Sauce</u> <u>+Tater Tots w/Ketchup</u> <u>+Green Peas</u> | *Garlic Herbed Pork Loin *Oven Browned Potatoes *Broccoli Florets *Dinner Roll/Bread - <i>Margarine</i> *Peach Shortcake *Coffee or Hot Tea <u>+Rosemary Chicken Breast</u> <u>+Parmesan Noodles</u> <u>+Seasoned Spinach</u> | *Homestyle Meatloaf w/Ketchup Glaze *Au Gratin Potatoes *Buttered Green Peas *Poppy Seed Dinner Roll - <i>Margarine</i> *Orange Sherbet *Coffee or Hot Tea <u>+Garlic Baked Pork Chop</u> <u>+Rice Pilaf</u> <u>+Sliced Carrots</u> | *Hot Dog on a Bun - <i>Baked Beans</i> - <i>Mustard</i> *Confetti Coleslaw *Strawberries & Banana *Coffee or Hot Tea <u>+Hamburger on a Bun w/ -Lettuce & Tomato</u> <u>-Ketchup</u> <u>-Pickle Spear</u> <u>+French Fries w/ -Ketchup</u> <u>+Broccoli Salad</u> | *Mediterranean Baked Fish *Rice Pilaf *Sautéed Asparagus Cuts *Dinner Roll/Bread - <i>Margarine</i> *Summer Fresh Fruit Cup *Coffee or Hot Tea <u>+Grilled Cheeses Sandwich</u> <u>+Tater Tots w/ -Ketchup</u> <u>+Squash Medley</u> | *Sweet Garlic Chicken Breast *Stir Fried Noodles *Sugar Snap Peas *Dinner Roll/Bread - <i>Margarine</i> *Sugar Cookies *Coffee or Hot Tea <u>+Glazed Baked Pork Chop</u> <u>+Mashed Potatoes</u> <u>+Sliced Carrots</u> |
| DINNER: REGULAR | | | | | | |
| *Tuna Salad Sandwich on Croissant - <i>Lettuce & Tomato</i> *Garden Pasta Salad *Calico Coleslaw *S'more Pudding Parfait *Milk *Coffee or Hot Tea <u>+Ham Sandwich w/ -Lettuce & Tomato</u> <u>-Mayonnaise</u> <u>+Potato Chips</u> <u>+Creamy Cucumber & Onion</u> <u>+Salad</u> | *Swiss Steak w/Gravy *Herbed Mashed Potatoes +Seasoned Whole Kernel Corn (veg) *Dinner Roll/Bread - <i>Margarine</i> *Seedless Watermelon Cubes *Milk *Coffee or Hot Tea <u>+Baked Macaroni & Cheese</u> <u>+Baked Tomato Halves</u> | *Thin Crust Cheese Pizza *Parmesan Baked Zucchini *Italian Herbed Dinner Roll - <i>Margarine</i> *Chilled Pears *Milk *Coffee or Hot Tea <u>+Smothered Turkey Patty</u> <u>+Mashed Potatoes</u> <u>+Country Vegetable Blend</u> | *Honey Glazed Turkey - <i>Poultry Gravy</i> *Baked Sweet Potatoes *Herbed Green Beans *Dinner Roll/Bread - <i>Margarine</i> *Fruit Cocktail *Milk *Coffee or Hot Tea <u>+Herb Baked Fish Fillet</u> <u>+Buttered Noodles</u> <u>+Whole Kernel Corn (veg)</u> | *Marinated Chicken Thigh *Herbed Noodles *Honey Roasted Carrots *Dinner Roll/Bread - <i>Margarine</i> *Black Forest Cake *Milk *Coffee or Hot Tea <u>+Cheese Quiche</u> <u>+Creamy Cucumber & Onion</u> <u>+Salad</u> | *Baked Ziti w/Cheese *Caesar Salad *Garlic Bread *Butterscotch Pudding *Milk *Coffee or Hot Tea <u>+Italian Sausage</u> <u>+Herbed Potato Wedges</u> <u>+Sautéed Spinach w/Garlic</u> | *Philly Cheesesteak Sandwich - <i>Sautéed Peppers & Onions</i> *French Fries - <i>Ketchup</i> *Tossed Salad w/Dressing *Chilled Peach Parfait *Milk *Coffee or Hot Tea <u>+Breaded Chicken on a Bun</u> <u>-Mayonnaise</u> <u>-Lettuce & Tomato</u> <u>+Macaroni Salad</u> <u>+Marinated Cucumber & Tomato Salad</u> |

COMPLETE CARE AT WESTFIELD
MASTER MENU
WEEK 3 – 2021

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|--|--|---|---|---|---|
| BREAKFAST: REGULAR | | | | | | |
| *Scrambled Eggs *Oatmeal Cereal *Blueberry Muffin - Margarine *Orange Juice *Milk *Coffee or Hot Tea <u>+Cold Cereal of Choice</u> | *French Toast - <i>Margarine</i> - <i>Syrup</i> *Oatmeal Cereal *Sausage Patty *Orange Juice *Milk *Coffee or Hot Tea <u>+Cold Cereal of Choice</u> | *Scrambled Eggs w/Cheese *Oatmeal Cereal *Biscuit - <i>Margarine</i> - <i>Jelly</i> *Orange Juice *Milk *Coffee or Hot Tea <u>+Cold Cereal of Choice</u> | * Buttermilk Pancakes - <i>Margarine</i> - <i>Jelly</i> *Oatmeal Cereal Bacon *Orange Juice *Milk *Coffee or Hot Tea <u>+Cold Cereal of Choice</u> | * Egg & Hashbrown Bake *Oatmeal Cereal *Toast - <i>Margarine</i> - <i>Jelly</i> *Orange Juice *Milk *Coffee or Hot Tea <u>+Cold Cereal of Choice</u> | * Scrambled Eggs *Oatmeal Cereal *Peach Streusel Coffee Cake - <i>Margarine</i> *Orange Juice *Milk *Coffee or Hot Tea <u>+Cold Cereal of Choice</u> | *Baked Cheese Omelet *Oatmeal Cereal *Toast - <i>Margarine</i> - <i>Jelly</i> *Sausage Patty *Orange Juice *Milk *Coffee or Hot Tea <u>+Cold Cereal of Choice</u> |
| LUNCH: REGULAR | | | | | | |
| *Cheese Ravioli w/Marinara *Caesar Salad *Garlic Breadstick *Vanilla Ice Cream *Coffee or Hot Tea <u>+Thyme Baked Chicken Thigh</u> <u>+Buttered Rice</u> <u>+Roasted Green Beans</u> | *Roast Turkey - <i>Poultry Gravy</i> * Mashed Potatoes - <i>Poultry Gravy</i> *Sliced Glazed Carrots * Dinner Roll/Bread - <i>Margarine</i> *Marble Cake w/White Frosting *Coffee or Hot Tea <u>+Rancher's Pork Chop</u> <u>+Parsley Noodles</u> <u>+Green Beans</u> | *Honey Glazed Sliced Ham *Baked Sweet Potatoes *Squash Au Gratin *Dinner Roll/Bread - <i>Margarine</i> *Summer Fresh Fruit Cup *Coffee or Hot Tea <u>+Salisbury Steak</u> <u>-Brown Gravy</u> <u>+Parmesan Noodles</u> <u>+Whole Kernel Corn (veg)</u> | *Egg Salad Sandwich on Croissant *Creamy Dill Macaroni Salad *Tomato Basil Salad *Snickerdoodle Cookies *Coffee or Hot Tea <u>+Turkey Salad Sandwich</u> <u>-Lettuce & Tomato</u> <u>+Potato Chips</u> <u>+Marinated Cucumber & Onion Salad</u> | *Beef Pepper Steak w/Gravy *Mashed Potatoes *Buttered Green Peas ** Dinner Roll/Bread - <i>Margarine</i> *Chilled Pear Parfait *Coffee or Hot Tea <u>+Lemon Pepper Chicken</u> <u>Breast</u> <u>+Buttered Noodles</u> <u>+Seasoned Spinach</u> | *Shrimp Alfredo w/Spaghetti Noodles *Steamed Asparagus Cuts *Garlic Bread *Cherry Crisp *Coffee or Hot Tea <u>+Parsley Pork Chop</u> <u>+Roasted Red Skin</u> <u>Potatoes</u> <u>+Sliced Parsley Carrots</u> | *Fried Chicken *Garlic Potato Wedges *Buttered Whole Kernel Corn (veg) *Dinner Roll/Bread - <i>Margarine</i> *Pineapple Tidbits *Coffee or Hot Tea <u>+Smothered Turkey Patty</u> <u>+Egg Noodles</u> <u>+Broccoli Florets</u> |
| DINNER: REGULAR | | | | | | |
| *Kielbasa Sausage *Garlic Roasted Red Skin Potatoes *Braised Cabbage *Dinner Roll/Bread - <i>Margarine</i> *Apple Crisp *Milk *Coffee or Hot Tea <u>+Chicken Tenders</u> <u>-Honey Mustard</u> <u>+Herbed Noodles</u> <u>+Whole Kernel Corn (veg)</u> | *Cheeseburger on a Bun - <i>Lettuce & Tomato</i> - <i>Ketchup</i> - <i>Pickle Spear</i> *Tater Tots - <i>Ketchup</i> *Confetti Coleslaw *Tropical Fruit Salad *Milk *Coffee or Hot Tea <u>+Breaded Pollock Fish Fillet</u> <u>on a Bun</u> <u>+Buttered Noodles</u> <u>+Squash Medley</u> | *Cornflake Chicken Breast *Rice Pilaf *Capri Vegetable Blend *Parsley Dinner Roll - <i>Margarine</i> *Double Chocolate Brownie *Milk *Coffee or Hot Tea <u>+Thin Crust Cheeses Pizza</u> <u>+Tossed Salad w/Dressing</u> | *BBQ Pork Platter *Baked Beans *Zucchini & Onions *Cornbread - <i>Margarine</i> *Mandarin Oranges *Milk *Coffee or Hot Tea <u>+Marinated Chicken</u> <u>Thigh</u> <u>+Seasoned Rice</u> <u>+Green Beans</u> | *Butter Crumb Fish Fillet *Cheesy Rice *Broccoli Florets *Dinner Roll/Bread - <i>Margarine</i> *Lemon Cake w/Icing *Milk *Coffee or Hot Tea <u>+Cheeses Ravioli</u> <u>w/Marinara Sauce</u> <u>+Capri Vegetable Blend</u> | *Corn Chowder Soup - <i>Saltine Crackers</i> *Grilled Turkey & Cheese Sandwich *French Fries - <i>Ketchup</i> *Creamy Cucumber & Onion Salad *Seedless Watermelon Cubes *Milk *Coffee or Hot Tea <u>+Hamburger Steak</u> <u>w/Grilled Onions</u> <u>- Brown Gravy</u> <u>+Buttered Rice</u> <u>+Country Vegetable</u> <u>Blend</u> | *Meatballs w/Marinara Sauce - <i>Marinara Sauce (oz)</i> - <i>Spaghetti Noodles</i> *Parmesan Baked Zucchini *Breadstick - <i>Margarine</i> *Chocolate Cream Pie *Milk *Coffee or Hot Tea <u>+Cheeses Quiche</u> <u>+Seasoned Green Beans</u> |

COMPLETE CARE AT WESTFIELD
MASTER MENU
WEEK 4 – 2021

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|--|--|--|---|---|--|
| BREAKFAST: REGULAR | | | | | | |
| *Scrambled Eggs *Oatmeal Cereal *Glazed Cinnamon Roll *Orange Juice *Milk *Coffee or Hot Tea <u>+Cold Cereal of Choice</u> | *French Toast -Margarine -Syrup *Oatmeal Cereal *Bacon *Orange Juice *Milk *Coffee or Hot Tea <u>+Cold Cereal of Choice</u> | *Biscuit -Sausage Gravy *Oatmeal Cereal *Hashbrown *Orange Juice *Milk *Coffee or Hot Tea <u>+Cold Cereal of Choice</u> | * Baked Cheese Omelet *Oatmeal Cereal *Toast -Margarine -Jelly *Orange Juice *Milk *Coffee or Hot Tea <u>+Cold Cereal of Choice</u> | * Scrambled Eggs *Oatmeal Cereal *English Muffin -Margarine -Jelly * Breakfast Ham *Orange Juice *Milk *Coffee or Hot Tea <u>+Cold Cereal of Choice</u> | *Western Scrambled Eggs *Oatmeal Cereal *Toast -Margarine -Jelly *Orange Juice *Milk *Coffee or Hot Tea <u>+Cold Cereal of Choice</u> | *Buttermilk Pancakes -Margarine -Jelly *Oatmeal Cereal *Sausage Patty *Orange Juice *Milk *Coffee or Hot Tea <u>+Cold Cereal of Choice</u> |
| LUNCH: REGULAR | | | | | | |
| *Rosemary Pork Loin *Scalloped Potatoes *Sautéed Spinach w/Garlic *Dinner Roll/Bread -Margarine *Pear Crisp *Coffee or Hot Tea <u>+Lemon Pepper Fish Fillet</u> <u>+Parsley Rice</u> <u>+Capri Vegetable Blend</u> | *Homestyle Meatloaf w/Ketchup Glaze *Duchess Mashed Potatoes *Honey Roasted Carrots *Herbed Dinner Roll -Margarine *Spiced Apple *Coffee or Hot Tea <u>+Thyme Chicken Breast</u> <u>+Herbed Noodles</u> <u>+Sautéed Green Beans</u> | *Marinated Chicken Thigh *Parmesan Noodles *Squash Medley *Dinner Roll/Bread -Margarine *Butterscotch Pudding Parfait *Coffee or Hot Tea <u>+Meatballs w/Gravy</u> <u>+Mashed Potatoes</u> <u>+Capri Vegetable Blend</u> | *Italian Sausage *Garlic & Rosemary Roasted Red Skin Potatoes *Broccoli Florets *Parsley Dinner Roll -Margarine *Lemon Bar *Coffee or Hot Tea <u>+Smothered Turkey Patty</u> <u>+Buttered Noodles</u> <u>+Buttered Whole Kernel Corn (veg)</u> | *Lasagna w/Meat sauce *Caesar Salad *Garlic Breadstick *Double Chocolate Brownie *Coffee or Hot Tea <u>+Egg Salad Sandwich -Lettuce & Tomato</u> <u>+Potato Chips</u> <u>+Creamy Cucumber & Onion Salad</u> | *Breaded Pollock Fish Fillet -Tartar Sauce *Au Gratin Potatoes *Country Vegetable Blend *Dinner Roll/Bread -Margarine *Sour Cream Orange Cake *Coffee or Hot Tea <u>+BBQ Chicken Thigh</u> <u>+Yellow Rice</u> <u>+Seasoned Spinach</u> | *Turkey Divan w/Broccoli *Steamed Rice *Seasoned Green Beans *Poppy Seed Dinner Roll -Margarine *Seedless Watermelon Cubes *Coffee or Hot Tea <u>+Cheese Quiche</u> <u>+Tomato Basil Salad</u> |
| DINNER: REGULAR | | | | | | |
| *Chicken Tenders -Honey Mustard *French Fries -Ketchup *Tossed Salad w/Dressing *Dinner Roll/Bread -Margarine *Vanilla Ice Cream *Milk *Coffee or Hot Tea <u>+Hamburger Steak w/Grilled Onions</u> <u>-Brown Gravy</u> <u>+Buttered Noodles</u> <u>+Whole Kernel Corn (veg)</u> | *Citrus Glazed Turkey -Poultry Gravy *Rice Pilaf *Steamed Broccoli Florets w/Lemon *Dinner Roll/Bread -Margarine *Cherry Cheesecake Bar *Milk *Coffee or Hot Tea <u>+BBQ Pork Chop</u> <u>+Baked Sweet Potatoes</u> <u>+Country Vegetable Blend</u> | *Ham & Swiss Sandwich on Wheat -Lettuce & Tomato -Mayonnaise *Potato Chips *Green Pea Salad *Summer Fresh Fruit Cup *Milk *Coffee or Hot Tea <u>+Tuna Salad Sandwich -Lettuce & Tomato</u> <u>+Macaroni Salad</u> <u>+Marinated Tomato & Onion Salad</u> | *Cornflake Crusted Fish Fillet *Macaroni & Cheese *Baked Tomato Halves *Dinner Roll/Bread -Margarine *Chilled Peach Parfait *Milk *Coffee or Hot Tea <u>+Thin Crust Cheeses</u> <u>+Roasted Zucchini</u> | *Rancher's Chicken Breast *Baked Potato -Margarine -Sour Cream *Sugar Snap Peas *Dinner Roll/Bread -Margarine *Tropical Fruit Salad *Milk *Coffee or Hot Tea <u>+Garlic Baked Pork Chop</u> <u>+Egg Noodles</u> <u>+Capri Vegetable Blend</u> | *Hot Dog on a Bun -Baked Beans -Mustard *Confetti Coleslaw Chilled Pears *Milk *Coffee or Hot Tea <u>+Baked Macaroni & Cheese</u> <u>+Tossed Salad w/Dressing</u> | *Cheeseburger on a Bun -Lettuce & Tomato -Ketchup -Pickle Spear *Tater Tots -Ketchup *Marinated Cucumber & Tomato Salad *Chocolate Chip Cookie *Milk *Coffee or Hot Tea <u>+Breaded Chicken on a Bun</u> <u>-Mayonnaise</u> <u>-Lettuce & Tomato</u> <u>+Garden Pasta Salad</u> <u>+Sautéed Zucchini</u> |